


	Learning objective	Main teaching	Activity	Resources	Vocabulary
Science	LO to learn how to measure the size of forces	<p>This lesson has:</p> <ul style="list-style-type: none"><li>- Learning about Isaac Newton</li><li>- Measuring forces - mass, weight and newtons</li><li>- Newton Meter</li></ul> <p><a href="https://classroom.thenational.academy/lessons/how-can-we-measure-the-size-of-forces-c4vkcr?activity=video&amp;step=2&amp;view=1">https://classroom.thenational.academy/lessons/how-can-we-measure-the-size-of-forces-c4vkcr?activity=video&amp;step=2&amp;view=1</a></p> <p>Complete the lesson and make sure you pause to answer any questions/complete any activities.</p>	Work through video and complete activities. Download the worksheet on the website to help you.	Video Link Worksheet	Forces Measure Mass Weight Newtons grams

<p style="text-align: center;"><b>History / Geography</b></p>	<p>LO to understand the difficulties of living in wartime Britain</p>	<p>Watch this video again:  <a href="https://www.bbc.co.uk/teach/class-clips-video/history-ks2-rationing-in-the-uk/zbgby9q">https://www.bbc.co.uk/teach/class-clips-video/history-ks2-rationing-in-the-uk/zbgby9q</a></p> <p>Remind yourself of the work you did on rationing before half term.</p> <p>You might like to read this too:  <a href="https://www.iwm.org.uk/history/what-you-need-to-know-about-rationing-in-the-second-world-war">https://www.iwm.org.uk/history/what-you-need-to-know-about-rationing-in-the-second-world-war</a></p> 	<p>Scroll down this document to find the rationing restrictions for one adult. They were allowed to buy these quantities each week but no more.</p> <p>For vegetables, please see the vegetable growing document (also below) for vegetables easy to grow in the UK. You wouldn't be able to have imported veg...!</p> <p><b>Your task:</b></p> <p>If you have recipe books at home, look through and see if you can find some recipes which could have been cooked during wartime, using the rationing restrictions. You can decide whether you have 1 or 2 adults in your home (to get the extra allowance).</p> <p>If you don't have recipe books, use this website.  <a href="https://www.bbcgoodfood.com/recipes/collecti-on/family-meal-recipes">https://www.bbcgoodfood.com/recipes/collecti-on/family-meal-recipes</a></p> <p>Can you find any recipes that you'll be able to get all of the ingredients for? Could you slightly adapt a recipe to mean it could be made? Send your work on Dojo. It's up to you how you present your work but let us know your thoughts on the questions:</p> <p>Why was it difficult to cook for a family in wartime Britain?  How could families adapt with rationing restrictions?</p>	<p>Video clips</p> <p>Rationing restrictions table (below)</p> <p>Vegetable growing guidance (below)</p> <p>Recipe books OR BBC Food webpage link</p> <p>Paper</p> <p>Pencils</p> <p>Questions ←</p>	<p>Restrictions</p> <p>Difficulties</p> <p>Rationing</p> <p>Vegetables</p> <p>Ration Book</p> <p>Second World War</p> <p>Quantity</p> <p>Hardship</p>
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<p align="center"><b>Design Technology</b></p>	<p>LO to be able to explain where food comes from</p>	<p>This half term we will be working on a DT unit: <b>Food and Wartime cooking</b></p> <p>Important: in today's lesson, we will learn about meat and animal products. If you think your child might find this difficult, please exercise parental caution.</p> <p>Where does our food come from? Look in your fridge. Look in your cupboard, your freezer etc.</p>	<p>Watch this lesson. Complete the quizzes <a href="https://classroom.thenational.academy/lessons/where-does-our-food-come-from-75jkec?activity=video&amp;step=2&amp;view=1">https://classroom.thenational.academy/lessons/where-does-our-food-come-from-75jkec?activity=video&amp;step=2&amp;view=1</a></p> <p>Send us the work you did during this lesson on Dojo.</p> <p><b>Extra challenge:</b> Look at the packaging of the food in your kitchen. What percentage of the food is from the UK? Can you tell us any other percentages? How do you feel about this?</p>	<p>Oak National Academy Lesson</p> <p>Writing book</p> <p>Pen/pencil</p> <p>Items from your kitchen</p>	<p>Reared</p> <p>Source</p> <p>Grown</p> <p>Processed</p> <p>Developed</p> <p>Seasonality</p> <p>Ingredients</p>
<p align="center"><b>RE</b></p>	<p>LO to explain the significance of the resurrection for Christians</p>	<p>New learning: <b>Salvation</b> <u>What difference does the resurrection make to Christians?</u></p> <p>Find out what the word 'salvation' means. How does it relate to the Bible and Christian's beliefs?</p> <p>Find out what the word 'resurrection' means. How does it relate to the Bible and Christian's beliefs?</p> <p>Now watch: <a href="https://www.bbc.co.uk/programmes/p02mw94">https://www.bbc.co.uk/programmes/p02mw94</a></p>	<p>Watch these three videos of three different Christians talking about Easter and what it means to them: <a href="#">Celebrating Easter « RE:ques t</a></p> <p><b>Draw, write or video your own thoughts about the following questions:</b></p> <p>What does Easter mean to you?</p> <p>What does Easter mean to Christians?</p> <p>Why do Christians think Easter is significant?</p> <p>How do Christians' opinions differ about Easter?</p> <p>What do the words 'salvation' and 'resurrection' have to do with Easter?</p>	<p>Video links</p> <p>Paper</p> <p>Pencil</p> <p>Questions</p> <p>←</p>	<p>Resurrection</p> <p>Salvation</p> <p>Easter</p> <p>Saviour</p> <p>Jesus</p> <p>Christian</p> <p>Calendar</p>

<p>P.E</p>	<p>LO to record my fitness progress</p>	<p>It is recommended for children to complete 60 minutes of moderate exercise a day. So let's work towards that goal and record our progress!</p> <ol style="list-style-type: none"> <li>1. Choose 6 of the exercises on the right (you may want to choose your own exercises too).</li> <li>2. Using the template on the right, create a table to record your fitness journey. If possible, create your table on a computer or tablet device using word or excel. There are links below to help you:</li> </ol> <p>Creating a table on word:  <a href="https://www.loom.com/share/e5565575ae5f4fc8b071eff5c02d298">https://www.loom.com/share/e5565575ae5f4fc8b071eff5c02d298</a></p> <p>Creating a table on excel:  <a href="https://www.loom.com/share/721b85131f5147b6ba0c1a7ef89388d5">https://www.loom.com/share/721b85131f5147b6ba0c1a7ef89388d5</a></p>	<ul style="list-style-type: none"> <li>- Sit ups</li> <li>- Jogging laps around the garden</li> <li>- Skipping</li> <li>- Basketball hoops</li> <li>- Push-ups</li> <li>- Star jumps</li> <li>- Frog jumps</li> <li>- Ski jumps</li> <li>- Lunges</li> <li>- Ball catches</li> </ul> <table border="1" data-bbox="1256 571 1832 703"> <thead> <tr> <th>Exercise/ Week</th> <th>1</th> <th>2</th> <th>3</th> <th>4</th> <th>5</th> </tr> </thead> <tbody> <tr> <td>Sit ups</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Jogging laps</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Push-ups</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Star jumps</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Lunges</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Skipping</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> <ol style="list-style-type: none"> <li>3. Complete each of your 6 chosen exercises for 1 minute and repeat 3 times. <b>Record</b> in your table how many of each exercise you are able to complete in 1 minute.</li> <li>4. Post a picture of your table with the week's scores onto class dojo.</li> </ol> <p>Every week you are going to enter your results into this table to see if you have improved!</p>	Exercise/ Week	1	2	3	4	5	Sit ups						Jogging laps						Push-ups						Star jumps						Lunges						Skipping						<p>Skipping rope</p> <p>Computer or paper and pencil</p>	<p>Exercise Record Progress</p>
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French	LO to name items of clothing in French	<p>Our new topic in French for this half term is called 'Je m'habille' which is all about clothes and what we wear. Last half term you learnt about parts of the body.</p> <p>Click the link to start the lesson  <a href="https://classroom.thenational.academy/lessons/learning-some-clothes-cgr64t">https://classroom.thenational.academy/lessons/learning-some-clothes-cgr64t</a></p>	<p>Make note of your learning today as the lesson goes on.</p> <p>Recap your learning after the lesson is finished.</p> <p>What have you learnt today?</p>	<p>Oak National Academy link</p> <p>Paper</p> <p>Pencil</p>	<p>des vêtements – clothing (m.)</p> <p>un tee-shirt – a t-shirt</p> <p>une chemise – a</p>
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		<p><b>Learn some clothes in French</b></p> <p>↓</p> <p><b>Masculine and feminine nouns, and looking at plurals</b></p> <p>↓</p> <p><b>Exit quiz</b></p>			<p>button-down shirt</p> <p>un pull – a sweater</p> <p>une robe – a dress</p> <p>une (mini) jupe – a skirt / a mini-skirt</p> <p>un short – a pair of shorts</p> <p>un pantalon – pants</p> <p>un jean – jeans</p>
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### WW2 Rationing (for 1 adult per week)

Butter: 50g (2oz)	Bacon and ham: 100g (4oz)	Margarine: 100g (4oz)
Sugar: 225g (8oz).	Meat: To the value of <b>1 s.2d</b> (one shilling and sixpence per week. That is about 6p today)	Milk: 3 pints (1800ml) occasionally dropping to 2 pints (1200ml).
Cheese: 2oz (50g)	Eggs: 1 fresh egg a week.	Tea: 50g (2oz).

Jam: 450g (1lb) every two months.	Dried eggs 1 packet every four weeks.	Sweets: 350g (12oz) every four weeks
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CROP	TIME OF SOWING	DISTANCE APART		PERIOD OF USE
		Rows	Plants	
BEANS (Broad)	Feb.-March	1 double row	6 in. by 9 in.	July
BEANS (Dwarf)	Late April-Early May	2½ ft.	9 in.	July-Aug.
BEANS (Dry Haricot)	Late April-Early May	2½ ft.	9 in.	Winter
BEANS (Runner)	Mid-May	15 in.	9 in.	July-Oct.
BEEF	(1) April		6 in. (thin)	July-April
	(2) June			
BROCCOLI (Sprouting)	Mid-May	2 ft.	2 ft.	Feb.-May
	Plant Mid.-July			
BRUSSELS SPROUTS	March	2½ ft.	2½ ft.	Nov.-Mar.
	Plant May-June			
	July-August			
CABBAGE (Spring)	Plant Sept.-Early Oct.	1½ ft.	1½ ft.	April-Jan.
	Oct.			
CABBAGE (Winter)	Mid.-May	2 ft.	2 ft.	
	Plant Mid.-July			
CABBAGE (Cold Districts)	April	1½ ft.	1½ ft.	Autumn
CARROTS (Early)	April	1 ft.	6 in. (thin)	June-Sept.
CARROTS (Maincrop)	June-Early July	1 ft.	6 in. (thin)	Oct.-May
KALE	May	2 ft.	2 ft.	Jan.-April
	Plant Mid.-July			
LEEKS	March	1 ft.	6 in. 9 in.	Mar.-May
	Plant July			
LETTUCE (Summer)	March and every 14 days	Between other crops	9 in.	May-Oct.
LETTUCE (Winter Hardy)	Sept.	1 ft.	9 in.	Spring
MARROW	May	1 ft.	3-4 ft.	July-Feb.
ONIONS	Mid.-Feb.	15 in.	6 in. (thin)	July-June
PARSNIPS	Mid.-Feb.-Mid.-March		6 in. (thin)	Nov.-Mar.
PEAS (Early)	March and April	2½ ft.	3 in.	June-July
PEAS (Others)	March	2 ft.	1 ft.	July-Aug.
POTATOES (Early)	April	2 ft.	1 ft. 3 in.	Sept.-Mar.
POTATOES (Others)	March onwards	1 ft.		May-June
RADISHES	Late May	2 ft.	2 ft.	Jan.-Mar.
SAVOY	Plant July-Aug. February	1 ft.	6 in.	Jan.-Dec.
SHALLOTS	Mid.-April	1 ft.	6 in. (thin)	Summer
SPINACH (Summer)	Sept.	1 ft.	6 in. (thin)	Spring
SPINACH (Winter)	April	8 in.	8 in. (groups)	July-Oct. and Jan.-June
SPINACH BEET	End June	15 in.	6 in. (thin)	Dec.-Mar.
or				
SEAKALE BEET	Plant end May	1 ft.	15 in.	Aug.-Oct.
SWEDES	July	1 ft.	6 in. (thin)	Oct.-Mar.
TOMATOES	End August	1 ft.	Sow thinly	April
TURNIP (Roots)				
TURNIP (Tops)				