

Sport

This can be found on the website under Butterflies class page.

Butterflies Suggested Menu of Activities			
	Activity	Description	Resources to support the learning
Maths	General Maths	1 page per day	Schofield and Sims Maths workbook
	Whole school maths task	Whole school differentiated task posted on Class Dojo. See weekly maths timetable for when to complete.	Whole School Maths Task sheet
	Times tables	Up to 12x12	TTRockstars Hit the button timestables.co.uk
	Class maths focus	Weekly maths timetable with daily tasks	Weekly maths timetable
Reading	Independent reading minimum 20 minutes a day	Read aloud to a family member and talk about the characters, setting, plot, etc. Read to yourself.	Books / magazines / comics / non-fiction books, recipe books, etc. Oxford Owl e-book: User name: butterflies class Password: Butterfliesclass https://www.oxfordowl.co.uk
	Reading Comprehension	One section per week	Schofield and Sims Reading Comprehension book
English	Statutory Spelling list practice	One page / section per week Online interactive games	Spelling booklets Websites, e.g. topmarks
	Vocabulary	Powerful Words sessions posted on class dojo on Tuesday's and Thursday's See weekly English timetable for weekly recap	Class dojo Weekly English timetable
	Spelling Rules	See weekly English timetable	Weekly English timetable
	Punctuation and Grammar	See weekly English timetable	Weekly English timetable
	Writing composition	See weekly English timetable	Weekly English timetable
	Creative writing	x1 writing task per week	Whole school Writing Task Exercise book

Handwriting	Handwriting (if you have a booklet)	One page per week	Handwriting booklet
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Sport topic activities

You should complete one of these each day.

PE (in addition to **daily** walks, circuits, obstacles, etc)

Create a new sports game!

It can be an individual sport, paired sport, team sport. Think carefully about the rules/aims of the sport. Will there be points? How will you collect points?

Create your own household mini olympics

You could enter as individuals or teams.

Sports **could** include:

- a. pancake tossing
- b. hula hooping
- c. tennis rally (last to drop the ball wins?)
- d. egg and spoon race
- e. skipping races

Geography

National Sports

Can you find the national sport of one country and create an information pack about it (a powerpoint/poster/fact file).

Who's taking part?

Look at an international sporting event, e.g. Euro 2020 – can you use an atlas to find the countries which were going to take part? <https://www.uefa.com/uefaeuro-2020/teams/>

Choose one country from the competition to create a fact file about. Includes things such as:

- The countries Flag
- Population
- Continent
- Capital city
- Any cool/fun facts you can find!

History

How did the Olympic Games begin?

Go to this BBC bitesize page. Read through and watch the video before discussing how the olympics have now changed.

<https://www.bbc.co.uk/bitesize/topics/z87tn39/articles/z36j7ty>

Battle of Marathon

Watch this link and research the Battle of Marathon.

<https://www.youtube.com/watch?v=gNAXqaoPLO0>

What are the similarities and differences between marathons then and now?

Music

Learn a national anthem

Did you know Greece has the longest national anthem in the world. It is 158 stanzas! Can you research the national anthem for a country of your choice and learn it the whole way through?

Science

How does sport affect my heart rate?

Watch <https://www.bbc.co.uk/teach/class-clips-video/science-ks2-how-our-circulatory-system-keeps-us-alive/zhf76v4>

Conduct your own experiment:

1. Draw a table (as below)
2. Find your resting heart rate (per minute). You can do this by putting two fingers on your wrist to feel your pulse. Count how many beats you have in 6 seconds then multiply that number by 10.
3. Exercise for 5 minutes - this needs to be hard to get your heart rate up! Maybe jog around the garden/star jumps/burpees...
4. Record your heart rate every minute after exercise until it is back to resting. (As above) How long did it take?

EXTENSION:

5. Plot this data on a graph. What type of graph will you need to use?

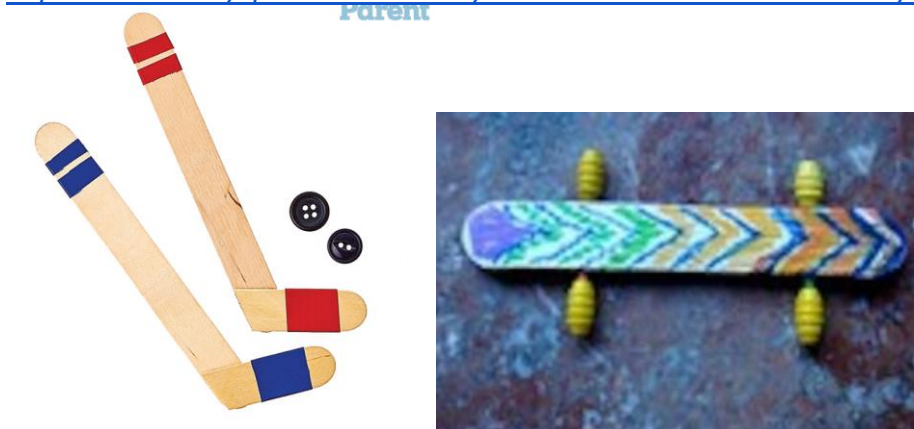
Art, Design and Technology

Make a trophy/medal



Create your own mini skateboard/hockey sticks <https://www.pbs.org/parents/crafts-and-experiments/mini-skateboards>

<https://www.todaysparent.com/family/crafts/how-to-make-mini-hockey-sticks/>



LeRoy Neiman – sports painter

LeRoy Neiman was named the official artist of the Olympiad in 1972; he held that role through five Olympics.

Create your own LeRoy Neiman inspired artwork. Think carefully about colours, particularly the primary colours (red/blue/yellow), and your brush strokes. LeRoy tended to use long brush strokes in different directions to create different blocks of colour.



Religious Education

Activities set by Mrs Cole will be sent out on class dojo each week.

PSHE

Is that fair?

Read the statements below and then answer these questions:

- 1) Do you agree with each statement? Why or why not?
- 2) What do you think is the meaning of fair play?
- 3) Discuss some situations in which it is difficult to follow the spirit of fair play.

“Fair Play means that I respect my teammates and my opponents. Sometimes it’s harder to play fair.”
(14 year old student)

“I try to play fair, that is to follow the rules. But in a game that we really want to win, we sometimes have to commit a tactical foul.” (from a 15 year old football player)

“Fair play does not only mean adherence to written rules: rather it describes the right attitudes of sportsmen and sportswomen and the right spirit in which they conduct themselves...” (International Fair Play Charter)