

Welcome to Premier Education's Home Learning Timetable , with plenty of Activities to keep you busy we can't wait to see all the amazing progress you make.

Every Monday, Wednesday and Friday there is a sporting challenge to complete, and we would love to see how you get on. Submit these videos to our Facebook and we will be handing out some amazing prizes for the best efforts.

Have Fun, Stay Safe and Stay Active

Safe, active, together.



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Premier - Cambridge & Newmarket

W/C 18th Jan



Monday

Tuesday

Wednesday

Thursday

Friday

Morning

Revitalise
Mindfulness



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Revitalise
Mindfulness



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Revitalise
Mindfulness



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Revitalise
Mindfulness



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Revitalise
Mindfulness



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Lunch

Energise
Fitness Session



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Energise
Fitness Session



[Click Here](#)

Energise
Fitness Session



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Energise
Fitness Session



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Energise
Fitness Session



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Afternoon

Capitalise
Challenge- Show us your
dribbling obstacle courses.



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Capitalise
Gymnastics



[Click Here](#)

Capitalise
Challenge-How many
tennis hit ups can you do?



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Capitalise
Gymnastics



[Click Here](#)

Capitalise
Challenge-Send us a video of
your favourite skill we have
learnt so far.



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